

CALL FOR INSTRUCTORS!

We are planning upcoming programs and classes at the community hall, free or discounted for all Malmo members! (see below for membership benefits)

It is unfortunate our plans to redevelop Malmo Hall fell through due to skyrocketing building costs. However, our current building is a wonderful asset to our community! She may be getting up in her years, and needs a little work done here and there, but she definitely has the potential to be a vibrant social hub. We would love to see the Hall used regularly for social gatherings, community events, programs, and classes. We believe the Hall can be a great place to meet your neighbours, make new friends, and learn a new skill!

Our Hall Revitalization Plan has a two-pronged approach. Firstly, we would like to hire instructors



for classes that multiple community members are interested in, then offer it to Malmo members for free or for a discount. Please send your class suggestions or instructor referrals for any kids, adults, or seniors programs to president@malmoplains.com. Whether it is music, art, fitness, or academic- let us know what you would like to see.

Secondly, we would like to encourage events, classes, or clubs that are open to all community members. With board approval, we would offer free or discounted hall rental for organizers. Send your ideas to president@malmoplains.com!

Malmo Membership Benefits

Purchasing a Malmo Membership has multiple benefits:

- Free swimming during community hours at Confederaton Leisure Centre
- Access to free or discounted programs at the community hall
- Attending the monthly board meetings (dinner provided while supplies last)
- Access to sand volleyball courts and ice rink

How to Purchase

We will be selling new (effective Sept 2023-24) memberships at all our events.

Another way to purchase is to fill out the membership form on the next page, and you can:

1. Take a photo of the completed form and email it to treasurer@malmoplains.com, then e-transfer the payment to treasurer@malmoplains.com
2. OR, drop off the membership form with a cheque enclosed (paid to "Malmo Community League") at the Malmo Hall mailbox (11525 - 48 Avenue NW)



Trent Charles, President

AUGUST 2023 LETTER FROM TRENT

Our upcoming Community Safety Meeting will be Tuesday August 15th! I am very excited to connect with everyone on how we can build a safer Malmo. Two key ideas have been shaping my thoughts on this topic, and I want to share them with you here:

1. Broken Window Theory

This idea was presented in one of my favourite books, "The Tipping Point" by Malcolm Gladwell, which states that small disorders invite larger disorder. A broken window in a building encourages vandals and graffiti. I see this in my own house as well- existing dirty dishes in the sink will multiply quickly, while an empty sink and dishrack leads to a cleaner kitchen. In regards to Malmo, I believe that the "broken window" is the lack of enforcement of fares on the LRT, which allows potential trouble-makers to travel for free and cause chaos at Southgate and surrounding areas (Malmo!). I am planning to connect with ETS and learn more about why our current fare policies exists and what we can do.

2. Community Unity

In my last chat with our city representative Norma, she mentioned the importance of unity. Communities who were able to bring 200-300 concerned citizens to a meeting or multiple representatives to a city hearing had a lot more ability to inspire action. Our objective for the first Community Safety Committee on August 15th is to identify what Malmo residents feel most strongly about. For effective change, I believe we need to concentrate our efforts, dialogue with key stakeholders, and create win-win solutions. However, this is not an easy or fast process. It requires patience, consistency, and unity.

I hope to see you at our meeting on August 15th. Food and socializing will start at 6:30pm, with the meeting from 7pm-8pm. Crime and homelessness are deep systemic problems, and I would love to learn as much as I can about them. If you have any ideas to share, questions, or comments, please feel free to reach out to me at president@malmoplains.com.

Sincerely,

Trent Charles

President, Malmo Community League

Malmo Community League Membership Form (Sept 23/24)

Malmo Community League is run purely on volunteer efforts. Membership is FREE if you want to volunteer for at least one event! If interested, please check the Volunteer box, and we will reach out with volunteer opportunities.

First and Last Name(s):

Phone Number:

Street Address:

Email Address:

☐ Yes, add me to the Malmo email list

Membership Type:

☐ Individual (\$15) ☐ Family (\$30) ☐ Senior Household (\$15) ☐ Volunteer (Free)

UPCOMING MALMO EVENTS

Tuesday August 15th
Safety Meeting6:30pm-8pm
Malmö Hall, 11525 48 Ave**Saturday August 19th**
Heather McPherson
Ice Cream Social12pm-1:15pm
Malmö Park, 11525 48 Ave**Sunday August 27th**
Big Bin Event12pm-5pm
Malmö Hall, 11525 48 Ave**Tuesday August 29th**
Wed August 30th
Casino Fundraiser

Starlite Casino

Saturday Sept 16th
Spaghetti Dinner5pm-9pm
Malmö Hall, 11525 48 Ave**Tuesday Sept 19th**
Board Meeting7pm-8:30pm
Malmö Hall, 11525 48 Ave**Tuesday Oct 17th**
Board Meeting7pm-8:30pm
Malmö Hall, 11525 48 Ave**Saturday Oct 21st**
Pizza Pool Party6pm-8pm
Malmö Hall, 11525 48 Ave

Board Meetings are on hold for July and August. For August, we will have a discussion on crime and community safety. All Malmö residents welcome. Dinner provided* at 6:30pm, meeting starts at 7pm.

Meet your local MP, Heather McPherson for ice cream and socializing (weather permitting) at Malmö Park.

The Big Bin Event is a way for residents to drop off unwanted large items. Free for Malmö residents!

The casino is Malmö's biggest fundraiser to keep the community league operating and thriving. We have six evening shifts left to fill. Dinner is provided. Please email casino@malmoplains.com if you are able to volunteer.

Our annual spaghetti dinner at the Hall! We are seeking volunteers to help cook sauce and pasta. Please email president@malmoplains.com if you are available.

Board meetings resume! Dinner provided* and socializing at 7pm, and board meeting starts at 7:30pm. Open to all Malmö residents.

October Board Meeting. Dinner provided* and socializing at 7pm, and board meeting starts at 7:30pm. Open to all Malmö residents. Come have a say on community issues and events!

Our free community swim is at Confederation 4pm-5:30pm Saturdays and Sundays starting September. Come join us at the Hall after swimming on Saturday October 21st to meet other community members and enjoy some free pizza*. Open to all Malmö residents.

MARK YOUR
CALENDAR**Big Bin Event Notes**

We accept all junk
EXCEPT:

- mattresses
- appliances
- household hazardous waste

**BIG BIN VOLUNTEERS
NEEDED!**

If you have a couple of hours (or more) available to help on Sunday August 27th, please reach out to Muhammad with your availability:
vicepresident@malmoplains.com



EDMONTON
311

Pothole? Homeless encampment? Overflowing city garbage can? Please report to 311 Edmonton. It is available as an app for Android and Apple, on the city website (<https://311.edmonton.ca/> or by scanning the QR code on the right), or by dialing 311 on your phone. The City appears to be quite responsive, especially if they get multiple submissions of the same request. Let's help alert the City of Edmonton of problem areas to keep our community in even better shape!



HEY KIDS!



Green Shack program is back July 4 – August 24 at Malmo Park (11525 – 48 Ave). Drop-in any time 2:30pm - 5:30pm, Monday - Friday, for free crafts, games, and sports!

QUOTE OF THE MONTH

"The measure of a man is not in the magnitude of his possessions, but in his ability to make a positive impact on the community he calls home."

- Martin Luther King Jr.

Lawn maintenance at the Community Hall is contracted out to Malmo teens Toren and Caden. They are doing great and if you would like to book their mowing services, please reach out to Toren at toren11@icloud.com



HAVE YOU TESTED FOR RADON IN YOUR HOME?

Thank you to our Malmo residents for bringing this to our attention. The Evict Radon National Study (evictradon.org) is a collaboration between major universities in Canada to understand the exposure and effect of radon in Canada. From their website (evictradon.org - QR code below):

- Radon is the leading cause of lung cancer in non-smokers
- Canadians have the third highest radon exposure in the world compared to other countries due to our climate and minerals
- Radon collects in low and enclosed environments such as basements
- The study can test your home for radon. You purchase a testing kit for \$53, keep it in your home for 90 days, send it back in the prepaid envelope, then they will send you the results.
 - One residence in Malmo had an average reading of 716 Bq/m³! Health Canada recommends a maximum exposure of 200 Bq/m³.
- High radon can be effectively reduced through radon mitigation devices and soil depressurization

