

THE MAGIC OF CONNECTING NEIGHBOURS

All Welcome For Social Committee Meetings! First Sunday of every month, 2pm-3pm at Malmo Hall

The cornerstone of a strong community is positive relationships and a sense of belonging. As a community league, our core purpose is to foster connections between neighbours.

Our aim is to create wonderful social events year-round that help connect community members and nurture relationships between them. We want to build a friendly community where people know each other's names and greet each other with a warm smile.

This is where we need your help! We are creating a Social Committee that will meet monthly to plan future events. Our Social Committee Meetings will be held the first Sunday of every month 2pm-3pm at Malmo Hall, with the next meeting being Sunday November 5th. All are welcome and we would love to hear your thoughts and ideas!

*Please reach out to social@malmoplains.com for more information.



Spaghetti Dinner Sept 16, 2023

Our Spaghetti Dinner was a fantastic experience!

- It was extremely heartwarming to see residents young and old enjoying themselves
- We were grateful to have our special guests (Mayor Sohi, Councillor Janz, MLA Notley, and EPSB Trustee Kusiek) attend
- We estimated 170+ community members participated
- And it was so amazing to have over thirty wonderful volunteers help out!

VOLUNTEERS URGENTLY NEEDED

Malmo Elementary School has their casino fundraiser Thursday Oct 26 and Friday Oct 27 at PURE Casino (7055 Argyll Rd), and we need more casino volunteers for day and night shifts! These funds will be used to improve programming for children as well as revitalize Malmo Playground. Please contact president@malmoplains.com if you are available.

Malmo Community Swim

Swimming at Confederation Leisure Centre (11204 43 Ave) is free with a Malmo Membership during:

- Saturdays 4pm-5:30pm
- Sundays 4pm-5:30pm

Memberships can be purchased at the QR code below



<https://malmocommunityleague.square.site>

*Trent Charles, President***LETTER FROM TRENT**

Serving as the president of Malmo Community League is an opportunity I don't take lightly. It is deeply fulfilling for me to build meaningful connections, tackle worthwhile challenges with a team, and provide value to those around me. Most importantly, it is a role that pushes me to grow further as a leader.

Many people think problems such as education, homelessness, or crime can only be solved with more money. My opinion is that if money or legislation could erase these issues, they wouldn't be as rampant as they are today. I believe the most effective way to create positive change in society is developing leadership ability in myself and others. A leader courageously takes initiative towards an inspiring vision, and motivates others to action from building a strong foundation of understanding and trust.

My beliefs are honed from personal experience. Many years ago I was vice-president for my fraternity. I had so many dreams for the group, but I struggled to have people follow my direction. Now, having held executive positions in multiple organizations, I can see how the success of each

one hinged upon the strength of the leaders within.

Unfortunately, leadership isn't taught in schools. Even my management degree at MacEwan, which was meant to train me to lead a group, had only one (relatively unimpressive) course on leadership. Instead, I spent a decade on leadership self-study, consuming the material of great leadership mentors. I would love to shortcut that path for anyone interested in leadership, so my plan is to create a Community Leaders program at Malmo starting January 2024. We would meet monthly, start with an overview of leadership principles, then spend an hour applying them to community issues, planning events, or discussing new ideas.

Please feel free to reach out to me any time if you have anything to share or have any questions. My email is: president@malmoplains.com.

Sincerely,

Trent Charles
President, Malmo Community League

Malmo Christmas Choir Registration Form

Please take a photo of the completed form and email it to treasurer@malmoplains.com, then e-transfer the payment to treasurer@malmoplains.com **OR**, drop off the form with a cheque enclosed (paid to "Malmo Community League") at the Malmo Hall mailbox (11525 - 48 Avenue)

First and Last Name:

Phone Number:

Street Address:

Email Address:

☐

Malmo Member (\$60)

☐

Non-Member (\$100)

☐

Two Malmo Members (\$120)

Malmo Membership Number (If applicable): _____

You may also use this form to purchase a Malmo membership. Please circle one: \$30 Family, \$15 Individual, \$15 Senior Household, FREE for Volunteers

Adult Sakalya Yoga with Cheryl

All levels welcome for this mindful practice

Wednesdays 7pm-8pm

Oct 11 and Oct 18

Malmo Hall

Drop in: Member \$10/session,
Non-Member \$15/session
For more info, please contact
780-975-7174

Christmas Choir with Rebecca

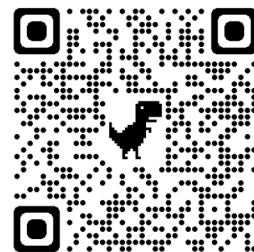
Let's sing some Christmas carols together!
Pre-register only (require at least 5 participants)

Mondays 7:30-8:30pm, 8 weeks

Monday Oct 16 – Monday Dec 11, No class
Nov 13

Holy Spirit Lutheran Church, 11223 51 Ave
Member \$60, Non-Member \$100

To register, fill out the form on the
previous page, or use the QR code on the
right



<https://malmocommunityleague.square.site>

Gentle Yoga with Valerie

A gentle practice targeted for seniors,
but all adults are welcome!

Saturdays 1:30pm-2:30pm

Oct 21-Dec 16, no class Nov 11

FREE & drop-in

Please text 587-566-2897 for more info

Craft Club

Come craft with neighbours- we
have knitters, scrapbookers,
painters, card makers, etc.

*Second Friday of every month at
7pm. Next meeting Oct 13. (Free
and drop-in). For more info,
please email lamcint@telus.net.*

Chess Club

Come join fellow Malmo
residents in learning and
playing chess! (Free and
drop-in) *Saturdays 10am-
11:30am. Sept 9-Dec 16, no
meetings Oct 7 and Nov 11).*
For more info, please email
gwreuter@gmail.com

UPCOMING EVENTS**Monday Oct 16th****Public Bylaw Hearing**

9:30am

Council Chamber, 2nd Floor,
City Hall

Public Hearing for New Zoning Bylaw for City of
Edmonton. The City will be presenting its
proposed new zoning bylaw. Please visit:
edmonton.ca/meetings for more information.

Tuesday Oct 17th**Board Meeting**

7pm-8:30pm

Malmo Hall, 11525 48 Ave

October Board Meeting. Dinner provided* and
socializing at 7pm, and board meeting starts at
7:30pm. Open to all Malmo residents. We will
be continuing our budget discussion

Saturday Oct 21th**Pizza Party at Malmo Hall**

6pm-8pm

Malmo Hall, 11525 48 Ave

Our free community swim is at Confederation
4pm-5:30pm Saturdays and Sundays for active
Malmo memberships. Come join us at Malmo
Hall after swimming on Saturday October 21st
to enjoy a variety of local pizza* and meet your
neighbours! Free for all Malmo residents.

Tuesday Oct 24th**Home Care Info Session
(HomeFirst)**

6pm-8pm

Malmo Hall, 11525 48 Ave

Open to the public seminar on in-home health
care options for seniors or individuals who
require extra support

**QUOTE OF THE
MONTH**

"The strength of the
community depends
upon the strength of
the connections that
you and I have with
each other."
— Seth Godin



**HomeFirst
HealthCare**

Friday Oct 27th***Malmo Games Night***

6pm-10pm

Malmo Hall, 11525 48 Ave

Get ready for a night of rolling dice, shuffling cards, and outwitting your neighbours! We will have a bunch of (family friendly) board games, and feel free to bring your own! Open to all Malmo residents.

Wednesday Nov 1st***Pumpkin Parade***

6pm-7:30pm

Lendrum Park, 11335 57 Ave

We are joining Lendrum for their Pumpkin Parade! Prizes for the best carved pumpkin. Drop them off from 3:30-5:30 pm outside Lendrum Hall. Come back at 6pm to walk through the glowing pumpkins and vote for your favourite. **Volunteers needed** for set up, lighting, and clean-up. Please email treasurer@malmoplains.com if you are available.

Nov 3rd-5th***Art from the Unknown***

Old Strathcona Arts Centre

8426 Gateway Blvd

Free admission to gallery of local art hosted by MLA Rachel Notley. Enjoy snacks, local beer, musicians. Fri Nov 3: 6pm-8:45 pm, Sat Nov 4: 11am-4pm, Sun Nov 5: 12pm-2pm

Sunday Nov 5th***Social Committee Meeting***

2pm-3pm

Malmo Hall, 11525 48 Ave

All welcome to help us plan upcoming social events! We would love to hear your ideas and input for how we can make awesome events relevant to Malmo residents.

Tuesday Nov 21st***Board Meeting***

7pm-8:30pm

Malmo Hall, 11525 48 Ave

November Board Meeting. Dinner provided* and socializing at 7pm, and board meeting starts at 7:30pm. Open to all Malmo residents.

Saturday Nov 25th***Safety Meeting***

2pm-4pm

Southgate Baptist Church

11107 51 Ave

For this quarter's safety meeting, we will have community and local police come together to discuss strategies for a safer neighborhood. Come join us for an open dialogue on safety in Malmo! *Location will be at **Southgate Baptist Church**

Saturday Nov 25th***Music Jam Night***

7pm-9pm

Holy Spirit Lutheran Church

11223 51 Ave

We will be having an Open Mic and Jam night for Malmo residents at **Holy Spirit Lutheran Church**. Come show off your skills or see what hidden talents might be in Malmo! Please email social@malmoplains.com if you would like to perform. We are also seeking guitar, drums, and vocals for a house band.

We are accepting suggestions for Winter classes or one day seminars! Please email president@malmoplains.com



Last year's Pumpkin Parade at Lendrum Park.

Malmo Community League: Help Wanted

Seeking assistance with Winter Snow Removal. Compensation is negotiable. For more information, please contact president@malmoplains.com



Trent (President) and Stephanie (Treasurer) met up with Police Chief Dale McFee to discuss Malmo safety in late August